

INFORMATION

The next movements, which I will name, explain, have demonstrated, and which you will conduct practical work on, are the carbine rest positions. These positions are used to rest an element for a short period of time, while at the halt, when armed with a carbine. The commands for these positions are Parade, REST; Stand At, EASE; AT EASE; and REST.

Parade, REST, and Stand At, EASE are two part commands. Parade and Stand At are the preparatory commands. REST and EASE are the commands of execution. AT EASE, and REST are combined commands.

When given, these commands are as follows: **Parade, REST. Stand At, EASE. AT EASE. REST.**

**Demonstrator, POST.** I will use the TALK-THROUGH method of instruction.

The carbine rest positions are commanded and executed the same as in individual drill with the following additions:

On the command of execution REST of Parade, REST, execute the movement as in individual drill without moving the right hand or the carbine.

On the command of execution EASE of Stand At, EASE, execute Parade Rest with the carbine except turn the head and eyes toward the person in charge of the formation.

On the command AT EASE or REST, keep the carbine in place as in Parade Rest.

At normal cadence, these positions would look as follows: **Demonstrator, ATTENTION. Parade, REST. Stand At, EASE. AT EASE. REST. AT EASE.**

What are you questions pertaining to these positions when executed at normal cadence or using the TALK-THROUGH method of instruction?

**Demonstrator, ATTENTION.** You will now become my assistant instructor. **FALL OUT.**